



FLOUR COMPARISON CHART



FLOUR	PROCESSING		TASTE			TEXTURE			NUTRITION					USES/PERFECT FOR					LOGO/ CERTIFICATION
	Stone Milled	Roller Milled	Mild	Nutty	Earthy	Fine	Light	Course	High Fibre	High Protein	High in Vitamins/ Micro-nutrients	Whole-Grain	Gluten Free	Baking	Savoury	All purpose/ Everyday	Thickener/ additive	Bread	
Organic Light Sift Wheat Flour 5KG																			
Organic Premium Bakers White Flour (roller milled) 5KG or 12.5KG																			
Organic Unbleached White Bakers Flour 5KG																			
Organic Unbleached White Cake Flour 5KG																			
Organic Unbleached White Spelt Flour 5KG																			
Organic Whole Rye Flour 5KG																			
Organic Wholemeal Cake Flour 5KG																			
Organic Wholemeal Spelt Flour 5KG																			
Organic Wholewheat Bakers Flour 5KG																			
Organic Unbleached White All-Purpose Flour 2KG																			
Sustainable White Bakers Flour 5KG																			
Sustainable White Heritage Flour 5KG																			
Sustainable Wholewheat Bakers Flour 5KG																			
Sustainable Wholewheat Heritage Flour 5KG																			
Sustainable White Emmer Flour 5KG																			